

2026-2027

SEASON 14

RECREATIONAL FAMILIES

2026-2027 SEASON



LIVE TO
DANCE

PARENT HANDBOOK

WHERE PASSION MEETS PERFORMANCE

RECREATIONAL FAMILIES



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WELCOME TO SEASON 14

03



A MESSAGE FROM OUR STUDIO DIRECTOR

Dear LTDPC Families,

At LTD Performance Complex, our mission is to inspire confidence, creativity, passion, and excellence through high-quality dance education in a positive, inclusive, and supportive environment.

We are committed to helping every dancer reach their individual potential while developing strong technique, discipline, teamwork, and a genuine love for the performing arts. Whether dancing recreationally or competitively, every student is encouraged to grow, feel valued, build lasting friendships, and become the best version of themselves—both inside and outside the studio.

Thank you for choosing LTD Performance Complex and trusting us to be a part of your dance journey.

We are grateful to have you as part of our LTDPC family and look forward to growing, learning, and creating unforgettable memories together.



NADINE VILLA-REGUIDEL
FOUNDER/STUDIO DIRECTOR

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MEET OUR TEAM

SENIOR LEADERSHIP



NADINE VILLA-REGUIDEL
FOUNDER/STUDIO DIRECTOR

LAURA WALKER
ASSISTANT DIRECTOR



**LIVE TO
DANCE**

PERFORMANCE COMPLEX

05

MEET OUR TEAM

COMPETITIVE
CHOREOGRAPHERS



KYLIE WALKER

CHOREOGRAPHER/ADMIN ASSISTANT

JACK WEST
CHOREOGRAPHER



ANGELINA REGUIDEL

CHOREOGRAPHER/ACRO COACH

MEET OUR TEAM

COACHES/RECREATIONAL STAFF



ANDREA LEGGAT
BALLET COACH



CHANTAL DROLET
BALLET COACH



LYNDA YURKIN
BALLET COACH



JAYLAN BIRL
HEAD TUMBLING COACH



JADA DEFREITAS
COMPETITIVE TEACHER



EMILY CHIA
RECREATIONAL TEACHER

07

MEET OUR TEAM

JUNIOR RECREATIONAL STAFF



AVERY MORFIT
JUNIOR STAFF



KATE GIBSON
JUNIOR STAFF



SOFIA KIRK
JUNIOR STAFF



JAZZ HIGUERA
JUNIOR STAFF



EMILY FERGUSON
JUNIOR STAFF

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MEET OUR TEAM

FRONT DESK



ANGELINA DASILVA

THURSDAYS AND SATURDAYS



CALLIE LEUNG

MONDAYS AND WEDNESDAYS



KATE MORRIS

FRIDAYS AND SATURDAYS

SZN 14 CALENDAR

2026



STUDIO CLOSURE: NO CLASSES RUNNING

HOLIDAY/STUDIO OPEN: CLASSES RUNNING

09

SEPTEMBER

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14 FIRST DAY! 	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

OCTOBER

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10 ← 
11 THANKSGIVING →	12	13	14	15	16	17
18 ←	19	20	21 CLASS PASS WEEK →	22	23	24
25	26	27	28	29	30	31 HALLOWEEN 

SZN 14 CALENDAR

2026



STUDIO CLOSURE: NO CLASSES RUNNING

HOLIDAY/STUDIO OPEN: CLASSES RUNNING

10

NOVEMBER

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14 SANTA CLAUS PARADE
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

DECEMBER

S	M	T	W	T	F	S
		1	2	3	4	5
6 ←	7	8	9 PARENT VIEWING WEEK	10	11	12 →
13	14	15	16	17	18	19
20 ←	21	22	23 CHRISTMAS BREAK	24	25	26
27 →	28	29	30	31		

SZN 14 CALENDAR

2027



STUDIO CLOSURE: NO CLASSES RUNNING

HOLIDAY/STUDIO OPEN: CLASSES RUNNING

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JANUARY

S	M	T	W	T	F	S
					1	2
3	4 CLASS RESUMES	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27 APPRECIATION WEEK	28	29	30
31						

FEBRUARY

S	M	T	W	T	F	S
	1 CAMP REGISTRATION OPENS	2	3	4	5	6
7	8	9	10	11	12	13
14	15 FAMILY DAY	16	17	18	19	20
21	22	23	24	25 COMPETITION #1: STARBEAT	26	27
28						

SZN 14 CALENDAR

2027



STUDIO CLOSURE: NO CLASSES RUNNING

HOLIDAY/STUDIO OPEN: CLASSES RUNNING

12

MARCH

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15 ←	16	17 MARCH BREAK	18	19	20
21 →	22	23 SHOWCASE	24	25	26 EASTER WEEKEND	27 →
28 →	29 EASTER MONDAY	30	31			

APRIL

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8 COMPETITION #2: OTF	9	10
11 →	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30 COMPETITION #3: PURPOSE	

SZN 14 CALENDAR

2027



STUDIO CLOSURE: NO CLASSES RUNNING

HOLIDAY/STUDIO OPEN: CLASSES RUNNING

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MAY

S	M	T	W	T	F	S
					COMPETITION #3: PURPOSE	I _____
2 →	3	4	5	6	7	8
9	10	11	12	13 COMPETITION #4: KARV	14 _____	15 _____
16 →	17 	18	19	20	21	22
23	24 VICTORIA DAY	25	26	27	28	29
30	31					

JUNE

S	M	T	W	T	F	S
		I	2	3 COMPETITION #5: INSPIRE	4 _____	5 _____
6 →	7	8	9	10	11	12
13 RECITAL	14 →	15	16	17 REC DANCER SAMPLE WEEK	18 →	19 APPRECIATION BBQ 
20	21	22	23	24	25	26
27	28	29	30			

SPIRIT WEEKS

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2026



HALLOWEEN WEEK: OCTOBER 26–OCTOBER 31

- WEAR ORANGE, BLACK, OR A COSTUME TO CLASS

LTDPC BLUE WEEK: NOVEMBER 9–NOVEMBER 14

- WEAR BLUE TO CLASS



PAJAMA WEEK: DECEMBER 14–DECEMBER 19

- WEAR YOUR FAVOURITE PJ'S TO CLASS



2027

BEACH WEEK: JANUARY 11–JANUARY 16

- WEAR YOUR SUMMER BEACH OUTFITS



LOVE IS IN THE AIR WEEK: FEBRUARY 8–FEBRUARY 13

- WEAR PINK AND RED TO CLASS



OLD DANCE COSTUME WEEK: APRIL 12–APRIL 17

- WEAR AN OLD DANCE COSTUME TO CLASS



FREE DRESS WEEK: MAY 10–MAY 15

- WEAR DANCE ATTIRE OF YOUR CHOICE TO CLASS

ATTENDANCE POLICY

WE LOVE TO SEE
YOU IN CLASS

A good attendance record is crucial to your dancer's growth and development. We understand that life happens and absences are sometimes unavoidable, but regular attendance helps us provide the instruction and guidance your dancer needs to keep progressing.

- If your dancer has a prior commitment during a scheduled rehearsal, please let us know at least two weeks in advance. We kindly ask for your notice.
- If your dancer is sick, please prioritize their health. Let us know about any health-related absences as soon as reasonably possible.

WITHDRAWAL POLICY

NO REFUNDS AFTER:
DECEMBER 15, 2026

LTDPC requires a 30-day notice for withdrawals. To avoid further billing, you must submit the required 30-day notice before the 1st of the month.

- Submit withdrawals in writing via email and complete an official Withdrawal Form. Submit Withdrawal Forms to the front desk or class teacher.
- Not attending classes does not constitute withdrawal. Tuition cannot be frozen or paused due to vacations, absences, or any other reason.
- If costumes have already been ordered, please understand you are responsible for full payment of all costumes for your dancer(s).

DANCER'S UNIFORM

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SPARKLE CLASSES

BALLET: PINK BODYDRESS, PINK TIGHTS, PINK BALLET SHOES

TUMBLERS: BLACK BODYDRESS, BARE LEGS AND FEET

BOYS: WHITE T-SHIRT, NAVY OR BLACK SHORTS, SHOES

STARZ CLASSES

BALLET: PINK BODYDRESS, TIGHTS, PINK BALLET SHOES

JAZZ/TAP: BLACK BODYDRESS, PINK TIGHTS, BLACK SHOES

ACRO: BLACK BODYDRESS, BARE LEGS AND FEET

HIPHOP: T-SHIRT, SWEATPANTS, INDOOR RUNNING SHOES

BOYS: WHITE T-SHIRT, NAVY OR BLACK SHORTS, SHOES

RISING/MOMENTUM CLASSES

BALLET: PINK BODYDRESS, TIGHTS, PINK BALLET SHOES

JAZZ/TAP: BLACK BODYDRESS, BEIGE TIGHTS, BLACK SHOES

ACRO: BLACK BODYDRESS, BLACK SHORTS, BARE LEGS AND FEET

HIPHOP: T-SHIRT, SWEATPANTS, INDOOR RUNNING SHOES

DANCER'S UNIFORM

17

ELEVATE CLASSES

JAZZ/LYRICAL: BLACK TOP/SHORTS/LEGGINGS, FOOT UNDIES

HIPHOP: T-SHIRT, SWEATPANTS, INDOOR RUNNING SHOES

HAIR FOR ALL AGES

PONYTAIL, BRAID, OR BUN

MUST BE IN A BUN FOR BALLET

BOYS CAN SLICK BACK HAIR IF TOO SHORT FOR PONYTAIL

NOTE: PLEASE NO OUTDOOR SHOES IN STUDIO!

Mirena's Dancewear

2219 Dunwin Drive, Mississauga, ON L5L 1Z1

Dancewear Burlington:

4012 New Street, Burlington, ON

InStep Activewear Oakville:

12-635 Fourth Line, Oakville, ON

RECITAL DAY EXPECTATIONS

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LOCATION:

THE OAKVILLE CENTRE FOR THE PERFORMING ARTS
130 Navy St. Oakville, ON L6J 2Z4

TICKETS:

GO ON SALE IN MAY, 2027

- Can be purchased in person at the box office, online (www.oakvilecente.ca), or by the phone (905-815-2021)
- Purchased on a first-come, first-served basis directly through the theatre
- **LTDPC IS NOT RESPONSIBLE FOR HOLDING TICKETS FOR FAMILIES. LTDPC IS NOT TO BE HELD ACCOUNTABLE IF YOU DO NOT GET TICKETS**



JUNE 13-14, 2027

SUNDAY MATINEE (2:00 PM): 5 AND UNDER SHOW

SUNDAY EVENING (6:00 PM): 6 AND OVER SHOW

MONDAY EVENING (6:00 PM): ALL COMPETITIVE SHOW

RECITAL DAY EXPECTATIONS

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DROP-OFF/PICK-UP:

- Dancers should arrive ready in hair, makeup, and costume at least 45 minutes before showtime
- Dancers must be signed in and out by their parent/guardian. Please have one parent/guardian come to the stage door. The parent/guardian at sign-in **MUST** be the same person at sign-out
- **FOR EVENING SHOWS ONLY**, parents/guardians may pick up their dancer at intermission if LTDPC is notified beforehand.

PARENT VOLUNTEERS:

- To run the show smoothly, we need parent volunteers. We'll email a sign-up sheet to families in May. Your assistance is greatly appreciated

JUNE 13-14, 2027

SUNDAY MATINEE (2:00 PM): 5 AND UNDER SHOW

SUNDAY EVENING (6:00 PM): 6 AND OVER SHOW

MONDAY EVENING (6:00 PM): ALL COMPETITIVE SHOW

RECITAL DAY EXPECTATIONS

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DURING SHOW:

- Dancers can watch the entire show on a large TV located in the rehearsal room and will be supervised by parent volunteers
- Various games and colouring books will also be available for use in the rehearsal room to help entertain your dancer
- You are welcome to pack a small nut-free snack and water for your child that is clearly labelled

FIVE/TEN YEAR STUDENT AWARDS:

- Award given to dancers who have been part of our recreational or competitive program for five or ten consecutive years. These students will be acknowledged at the end of the show with a plaque

JUNE 13-14, 2027

SUNDAY MATINEE (2:00 PM): 5 AND UNDER SHOW

SUNDAY EVENING (6:00 PM): 6 AND OVER SHOW

MONDAY EVENING (6:00 PM): ALL COMPETITIVE SHOW

HAIR AND MAKEUP

- In May, a hair and makeup photo tutorial will be sent to LTDPC families
- For makeup, parents/guardians can use their discretion based on their dancer's age. LTDPC suggests using light foundation, neutral-toned eyeshadow, pink blush, and red lipstick
- A detailed list of required hairstyles will be emailed out in the middle of May, well before show day

COSTUME INFORMATION

- Costume prices will average \$125 + HST
- Deposit of \$50+HST is due in February and balance of \$75+HST is due in May
- Costumes will be sent home during the final week of May or the first week of June
- All family accounts must be up to date, including final tuition billed June 1st, to receive your dancer's costume
- A detailed list of required shoes and tights will be emailed out in the middle of May, well before show day





PARENT PORTAL

You can find the link to our Parent Portal on our website. It is the place where you can:

- Enroll your dancer(s) in class
- View fees and make online payments
- Update contact information
- See new updates and review past registrations and correspondence

The First Log-in:

LTDPC families log into their Portals using their email address as their Login ID. Parents/Guardians should have set a password during initial online registration

RESETTING YOUR PASSWORD

Go to the Parent Portal login page on LTDPC's website and click the "Reset Password" link. A temporary password will be emailed to you immediately. Log in with the temporary password and then follow the steps below:

Billing/Payments > Account > Settings > Reset Password



PARENT PORTAL

CHECK YOUR BALANCE

Go to the Fees/Payment page in the Parent Portal Settings. Click the Show Balance checkbox. Your family's current account balance will be displayed along with details of your last payment.

SEE YOUR SCHEDULE

Opt to display the “Classes Tab” in the Parent Portal Settings. A “My Schedule” section will then appear on your dashboard. Class cards show details for the classes the students are enrolled in. The “My Classes” section in Parent Portal Settings controls which information appears on those cards. The Print button found in the “My Schedule” section prints a class schedule for all dancers in your family, sorted by class meeting days.

Thank You!

We are looking forward to a tremendous year with you and your dancers. If you have any questions, never hesitate to contact us using the information below. We appreciate your unwavering support.

LETS GO 1, 2, 3.... THIS IS LTDPC



Contact Us



289-837-3850



<https://ltdperformancecomplex.ca>



info@ltdperformancecomplex.ca



2210 Speers Rd, Oakville ON